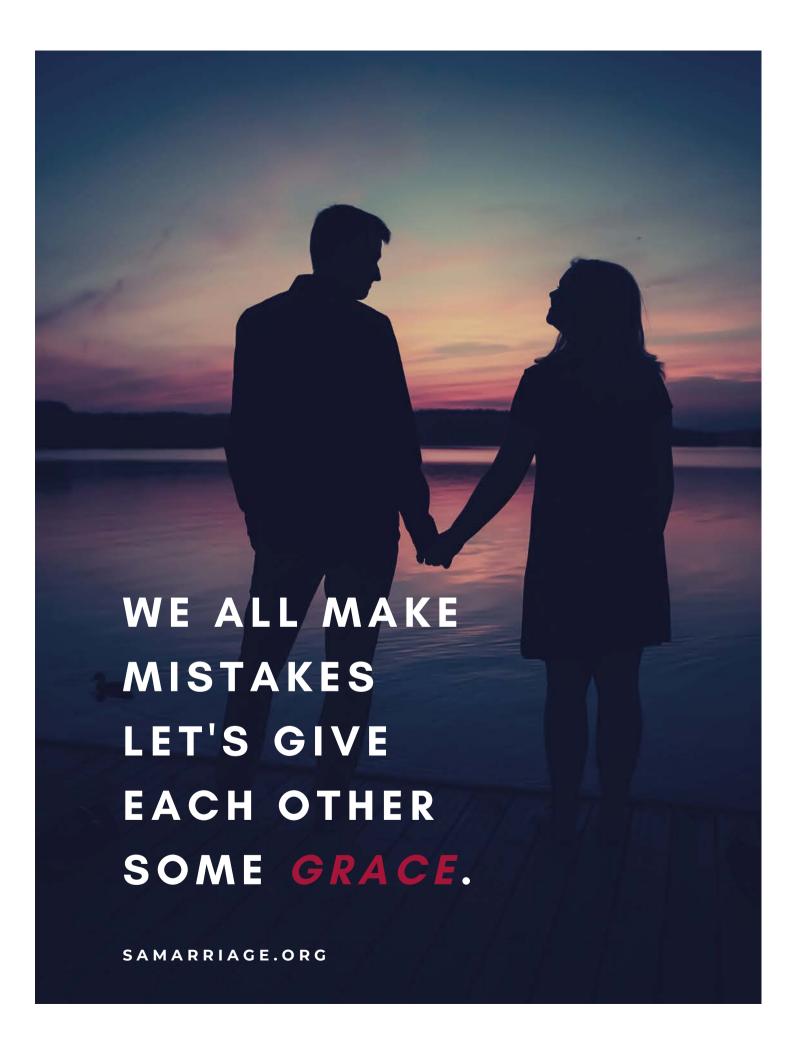




Together is a good place to be.

SAMARRIAGE.ORG



OUR MISSION

What drives our marriage?

OUR CORE VALUES

Deeply ingrained principles that guide all of our actions; they serve as our cornerstone.

HEART OF GRATITUDE

TOP 10 REASONS I'M GRATEFUL FOR

HIM

HER

MARRIAGE CHECK UP

Together, look back upon your marriage in 2020. What went well? What would you like to commit to improve in the coming year? Celebrate the good and reflect on the areas to improve so 2021 will be your best year yet!

(Examples: Went Well: We spent A LOT of time together! Needs Improvement: We need to do a better job of listening to each other.)

WENT WELL

NEEDS IMPROVEMENT

CONVERSATION STARTERS

What is your favorite thing we did together this year?

What is something I do that really encourages you?

What is something I can do to support you better in the coming year?

If I had a super power what would it be?

What is your favorite thing about me?

What is your funniest memory of me?

What are some things I could do to make our marriage better?

Why are we fantastic together?

DATE NIGHT ACTION PLAN

Date night for one marriage might look like purposeful time with one another in the comfort of your living room, while for another marriage it might be monthly date nights to try new restaurants around town.

In any marriage it is important to connect and be intentional.

Make it a priority.

Do it regularly.

Get creative.

Dream and plan together.

Discuss and plan what date night looks like in YOUR marriage. Timing? Location? Activity? Budget? Who will plan?

Write it down and put it on the calendar.

DREAMS AND GOALS

Dream big together and write it down. Then, support one another throughout the year. Maybe take it along on monthly date nights or find a time to check in with each other.

PERSONAL

SPIRITUAL

PROFESSIONAL

HEALTH & FITNESS

MARRIAGE

And now we welcome the new year. Full of things that have never been.

Rainer Maria Rilke



For more resources visit SAMARRIAGE.ORG